

CLAIMS

1. An insulation displacement terminal comprising:
a pair of opposed insulation displacement groove-forming portions each having an insulation displacement groove for displacing an insulation;
5 an interconnecting portion interconnecting bottom portions of said pair of insulation displacement groove-forming portions;
a lead extending from said interconnecting portion;
10 and
a pair of plate portions which are formed respectively at opposite side edges of at least one of said insulation displacement groove-forming portions by bending to form an insulated wire-holding space therebetween,
15 wherein the terminal is formed into an integral construction by sheet metal working, using a single member.
2. The insulation displacement terminal according to claim 1, further comprising: abutment portions formed respectively at lower edges of said plate portions so as to abut against a housing; and bendable piece portions extending respectively from upper edges of said plate portions.
3. The insulation displacement terminal according to claim 2, wherein each of said plate portions includes a retaining portion for retaining engagement with said housing.

4. The insulation displacement terminal according to claim
1, further comprising: retaining portions respectively formed
on opposite side edges of said pair of insulation displacement
5 groove-forming portions so as to be retainingly engaged with
said housing.

5. The insulation displacement terminal according to claim
1, further comprising a bent portion provided at an intermediate
10 portion of said lead, and being resiliently deformable.

6. The insulation displacement terminal according to claim
1, wherein said terminal is used in an insulation displacement
15 connector containing a circuit board, and said lead is soldered
to said circuit board.